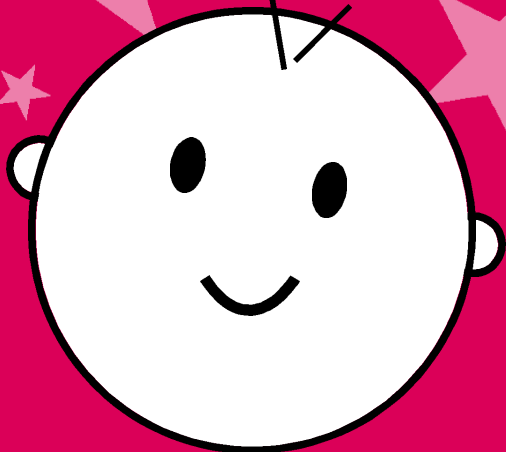
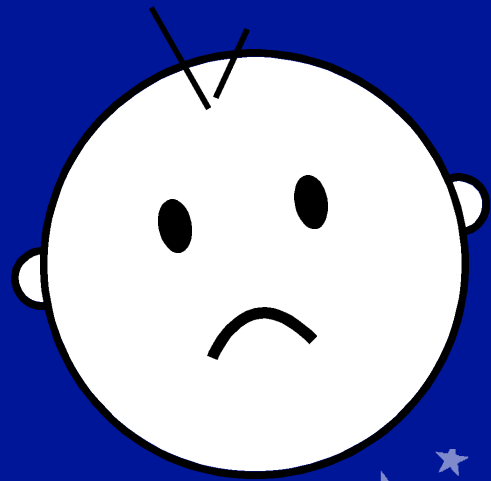


**We can**



**HELP YOU!**



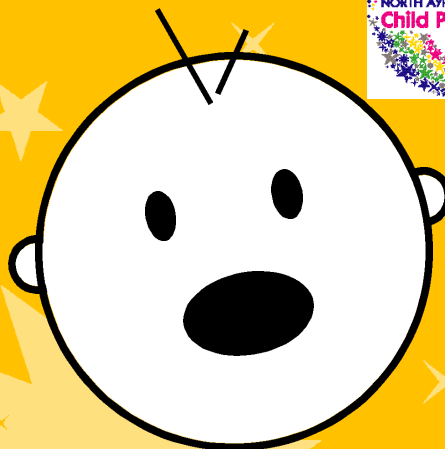
**If you DON'T  
feel SAFE....**

**....and you**



**DON'T know  
what to do....**

**then talk to  
US....**



All children and young people have a right to feel safe and be protected from harm and abuse. If you do not feel safe **SPEAK TO SOMEONE** who can help you.

## **We can help you**

Social work: **01294 324800**

Police: **01292 664014**

Scottish Children's  
Reporters

Administration: **01294 278151**

Childline: **0800 1111**

**When the office is closed:**

Social Work

Standby Service: **0800 811505**